

# About

## Aging Together

We are community partners building a shared vision for older residents.

We are learning the values and struggles of our elders.

We are turning our learning into community initiatives to complement existing care.

”

I can feel a movement happening here.

-Dr. David Sheard speaking about Aging Together.

# History

## The Beginning of Aging Together

David Barnes from Re:Think Policy Change and the Haliburton Highlands Long-Term-Care Coalition had a shared vision to change the culture of aging. They wanted to build capacity within Haliburton County to assist residents of all ages to join together to create a community plan. From this shared vision, Aging Together was formed.

# Contact Us



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[Aging Together As Community - Haliburton Highlands](#) (Page)



[Aging Together - Haliburton Highlands](#) (Group)



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AGING  
TOGETHER  
AS  
COMMUNITY

HALIBURTON HIGHLANDS

A grassroots project of community partners building a shared vision of care for older residents in the Haliburton Highlands

# COMMUNITY POWERED



Through a series of community conversations, it was realized that community members have a collective desire to expand the current options of what aging looks like in Haliburton County.



## COMMUNITY INNOVATION

We are envisioning community strategies and a plan that will guide the direction of Aging Together into the future.



WE  
ARE  
MOBILIZED

## COLLABORATION

We work with local leaders and citizens.

## CO-DESIGN AND IMPLEMENTATION

We are designing and implementing a framework to coordinate community activity.

## RESEARCH

We are researching emotion-centred models of care and creative housing options.

## PLANNING

Sue Lantz from [www.collaborativeaging.com](http://www.collaborativeaging.com) is an ongoing supporter of Aging Together. Sue's guidebook is called 'Options Open: The Guide for Mapping Your Best Aging Journey.'

## INVOLVEMENT

Here are our current opportunities to be involved in Aging Together.

### 1 ATTEND OUR OPEN MEETINGS

Aging Together has been hosting Open Meetings since June 2022. These meetings take place every 4-6 weeks.

### 2 JOIN A WORKING GROUP

Current groups include:

Opportunities for Change  
Creating Intentional Clusters  
Alternative Care Models  
Seniors Supports  
Sharing Knowledge  
Intergenerational Awareness

### 3 CONNECT WITH US ONLINE

We have a Facebook page and group. We also have a mailing list so you can keep up to date with our progress.